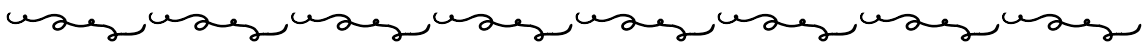


SUMMER DELIVERY SERVICE

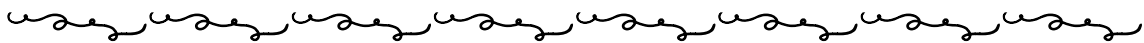


*We are pleased to be able to offer a delivery service for our
lunch offerings, deli counter, refill zone & retail stock*



*We will be delivering across St. Mary's
7 days a week from 1pm*

Orders will need to be placed by 5pm the day before

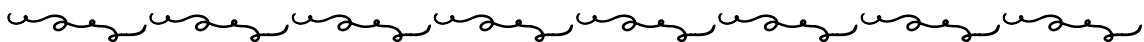


To order...

email: info@hughstreetcafe.co.uk

phone: 01720 422734

or send us a Facebook message (Hugh Street Café Isles of Scilly)



Available for delivery we have...

LUNCH OFFERINGS



Sandwiches

Local, Free Range Egg Mayonnaise & Leaves	£3.95
Cheddar Cheese & Caramelised Red Onion Chutney	£3.95
Hummus, Avocado, Spinach, Tomato & Olives (VE)	£4.50
Honey Roast Ham, Cheddar Cheese, Leaves & Mayo	£4.50
Chicken Mayo, Avocado & Leaves	£4.75
Bacon, Lettuce, Tomato & Mayo	£4.50



Ciabattas

*(Can be delivered hot ready to eat, or cold for you to heat through at home
- they can be heated through in the oven)*

Tomato, Mozzarella & Pesto (VEO)	£4.75
Brie, Spinach & Chilli Jam	£4.95
Honey Roast Ham & Mozzarella	£5.25
Honey Roast Ham, Chipotle BBQ Sauce & Cheddar	£5.25
Chicken Mayo, Chorizo & Chilli Cheese or Cheddar	£5.50
Bacon, Brie & Cranberry	£5.25



Pasties and Sausage Rolls

(Can be delivered hot, cold, or frozen- please let us know when you order)

Medium Steak Pasty	£3.95
Large Steak Pasty	£4.50
Vegetarian Pasty	£3.75
Vegan Pasty (VE)	£3.80
Regular Sausage Roll	£1.80
"Wheal Rose" Sausage Roll	£2.60
Vegan Sausage Roll (VE)	£2.20



Homemade Tarts & Frittata

Our tarts are handmade using our own shortcrust pastry and filled with Scillonian free-range eggs and rich double cream

Our tarts and frittatas are freshly made each day and the fillings vary, please ask when ordering what we will have available

Salads

We try to always have a couple of salad options each day, they are available to enjoy in small, medium or large sizes

Our salads are freshly made each day and the options will vary, please ask when ordering what we will have available

Cakes & Bakes

All of our cakes are homemade on site using the finest ingredients.

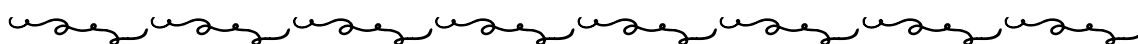
Our selection changes daily, and we also try to include a vegan and wheat free option

Please ask when ordering what we have available

Gluten free options available, please ask a member of staff

VEO= Vegan Option Available

VE= Vegan



DELI & CHILLED COUNTER

Cheeses

Our deli counter is always well stocked with an ever-changing mix of Cornish, British and World Cheeses

We aim to always have the following core range in stock, but please do enquire for this week's guest cheeses!!

Mature Cheddar	£1.20 per 100g
Cornish Yarg	£2.50 per 100g
Cornish Brie	£2.00 per 100g
Applewood Smoked Cheddar	£1.90 per 100g
Goats Cheese	£1.70 per 100g
Devon Blue	£2.40 per 100g
Colston Basset Stilton	£2.30 per 100g

Dips

Hummus	170g	£1.40
Tzatziki	170g	£1.50
Taramasalata	170g	£1.40

<i>Olives</i>	
Tricolore- Whole Chalkidiki & Kalamata olives with garlic, chilli & basil	£1.30 per 100g
Siciliana- Pitted Chalkidiki & Kalamata olives with garlic, peppers & mustard seeds	£1.50 per 100g
Mixed Pitted- Pitted olives in sunflower oil	£1.20 per 100g

<i>Butter & Lard</i>		
Unsalted Butter	250g	£1.95
Salted Butter	250g	£1.95
Lard	250g	£0.85

<i>Vegan Products</i>		
Naturli Organic Vegan Butter Spread	225g	£2.75
Naturli Organic Vegan Butter Block	200g	£2.50
Food Heaven Whipped Spray Cream	200ml	£2.50
Koko Dairy Free Cheddar	200g	£3.10
Vegan Applewood Smoked Block	200g	£3.40
Violife Greek Cheese Block	200g	£3.80
Bute Island Cream Cheese Spread	255g	£3.00
Bute Island Red Leicester	200g	£2.95
Bute Island Strong Style Cheddar	200g	£3.20



The Refill Zone



AT HUGH STREET CAFE

Bringing you a plastic free way to
shop for cereals, grains, pulses,
nuts, dried fruits and more!

**Plastic free
flexible shopping**



We are able to pack any of our refill range into paper bags so please don't worry if you don't have your own containers with you.

(Save space for your buckets and spades!)

Washing up liquid etc are provided in "vegware" containers.

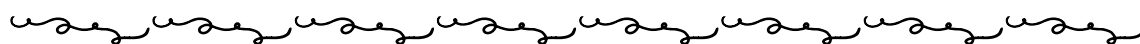
When ordering from our refill selection please let us know the weight in grams that you would like for each product (you can have as much or as little as you would like!!) and we will do our best to get as close to it as possible- we're sometimes a couple of grams out!

<i>Category</i>	<i>Product</i>	<i>price per 100g</i>
<i>Cereals</i>		
	Jumbo Oats	£0.25
	Muesli	£0.35
	Granola Fruit Muesli	£0.35
	Oats	£0.25
	Cornflakes	£0.50
<i>Pulses</i>		
	Puy Lentils	£0.45
	Green Lentils	£0.35
	Red Lentils	£0.48
	Yellow Split Peas	£0.24
	Black Turtle Beans	£0.65
<i>Grains</i>		
	Risotto Rice	£0.42
	White Long Grain Rice	£0.23
	Brown Long Grain Rice	£0.27
	White Basmati Rice	£0.42
	Jasmine Rice	£0.77
	Black Rice	£0.75
	White Pasta	£0.23
	Brown Pasta	£0.48
	White Quinoa	£0.82
	Black Quinoa	£0.92
	Popping Corn	£0.28
	Pearl Barley	£0.35
	Buckwheat (Organic)	£0.64
	Giant Cous-Cous	£0.55
	Polenta	£0.30
	Bulgar Wheat	£0.40
	Spaghetti	£0.33
<i>Nuts</i>		
	Almonds	£2.02
	Flaked Almonds	£1.95
	Brazil	£2.10
	Cashew	£2.26
	Hazel	£1.88
	Pecan Halves	£3.40
	Walnut Halves	£1.90
	Blanched Peanuts	£0.72
	Mixed Nuts	£2.61
<i>Dried Fruit</i>		
	Raisins	£0.54

	Apricots	£0.85
	Pitted Prunes	£0.75
	Banana Chips	£0.58
	Cranberries	£1.00
	Sultanas	£0.62
	Desiccated Coconut	£0.68
	Currants	£0.85
	Golden Sultanas	£0.98
	Pitted Dates	£0.50
Seeds		
	Chia	£0.82
	Poppy	£1.44
	Pumpkin	£0.98
	Sesame	£0.72
	Sunflower	£0.55
	Omega Seed Mix	£0.77
Baking		
	Yeast	£2.00
	White Bread Flour	£0.22
	Wholemeal Bread Flour	£0.22
	White Chocolate (Min cocoa solids 28%)	£1.50
	Milk Chocolate (Min cocoa solids 33.6%)	£1.45
	Dark Chocolate (Min cocoa solids 54.5%)	£1.32
	Ground Almonds	£2.28
	Caster Sugar	£0.22
	Plain Flour	£0.12
	Self-Raising Flour	£0.14
	Baking Powder	£0.50
	Bicarbonate of Soda	£0.50
	Gram Flour	£0.45
Tea		
	Loose Leaf Breakfast	£4.74
Treats		
	Milk Chocolate Coated Honeycomb	£1.19
	Yoghurt Raisins	£0.80
	Korean Chilli Crackers	£1.31
	Japanese Rice Crackers	£1.13
	Milk Chocolate Coated Raisins	£0.90
	Milk Chocolate Peanuts	£0.96
Herbs & Spices		
	Black Peppercorns	£2.25

	Mixed Peppercorns	£4.16
	Ground Cloves	£2.50
	Whole Cloves	£4.60
	Ground Cinnamon	£1.75
	Cinnamon Sticks	£7.00
	Ground Nutmeg	£4.50
	Whole Nutmeg	£6.73
	Mixed Spice	£2.00
	Ground Ginger	£2.00
	Caraway Seeds	£1.80
	Fennel Seeds	£1.40
	Cumin Seeds	£2.00
	Coriander Seeds	£1.25
	Black Mustard Seeds	£1.00
	Yellow Mustard Seeds	£1.00
	Chinese Five Spice	£1.75
	Pickling Spice	£1.75
	Paprika	£1.50
	Smoked Paprika	£2.25
	Sweet Paprika	£2.25
	Turmeric	£1.50
	Lemon Grass	£3.00
	Bay Leaves	£3.00
	Dill Seeds	£1.50
	Cayenne Pepper	£1.25
	Parsley	£2.75
	Mint	£2.00
	Rosemary	£1.59
	Sage	£2.75
	Thyme	£2.50
	Ground Coriander	£1.00
	Oregano	£2.50
	Sumach	£2.50
	Garam Masala	£1.50
	Fenugreek Seeds	£1.00
	Mixed Herbs	£2.50
	Basil	£2.00
	Juniper Berries	£3.00
	Mild Curry Powder	£1.25
	Medium Curry Powder	£1.25
	Hot Curry Powder	£1.25
	All Spice	£2.00
	Crushed Chillies	£2.00
	Garlic Granules	£1.63
	Ground Cumin	£1.80

	Star Anise	£4.00
	Coarse Sea Salt	£0.35
	Fine Sea Salt	£0.25
	SC Salt- Local from St Martin's	£2.00
Non-Food		
	Ecoleaf Laundry Liquid	£0.46
	Ecoleaf Fabric Conditioner	£0.25
	Ecoleaf Washing Up Liquid	£0.25



RETAIL SELECTION

Vegetarian & Vegan Frozen Range		
Product	Size	Price
Quorn Bacon	150g	£3.50
Quorn Garlic & Herb Fillets (2)	200g	£3.75
Quorn Crispy Fillets (2)	200g	£3.75
Quorn Mince	300g	£3.60
Quorn Vegan Pieces	280g	£3.95
Quorn Roasts	454g	£4.50
Quorn Dippers	320g	£3.60
Fry's Chicken Style Nuggets	380g	£4.50
Fry's Chicken Style Strips	380g	£4.40
Fry's Falafel & Quinoa Burger	260g	£3.85
Fry's Country Mushroom Pie	2x175g	£4.40
Fry's Pepper Steak Style Pie	2x175g	£4.40
Linda McCartney Sausage Rolls	342g	£2.50
Linda McCartney Sausages	270g	£2.70
Linda McCartney Mozzarella ¼ lb Burger	227g	£3.25
Linda McCartney Shredded Hoisin Duck	300g	£4.50
Goodlife Mushroom & Spinach Kiev	250g	£3.70

We also stock an extensive range of the following

- Baking essentials & luxuries from sugars to vanilla pods & pastes
- Tinned pulses, beans, vegetables & fruits
- World foods including various noodles, sauces & seasonings
- Gluten free flours, crackers, biccies & other treats
- Vegan sweets, treats, sauces & relishes
- Crackers, chutneys and other delicious cheesy accompaniments
- Plus MUCH more!!

Please ask for further details on any of the above